

Issue Identified	Referral To	Agency	Service Provided	Details
Health Condition	Community Health Program	Darebin Community Health Ph: 8470 1111	Aims to assist people in making lifestyle changes that will help them to better manage their health conditions.	Suitable for people with newly diagnosed diabetes, heart failure, acute musculoskeletal conditions, osteoarthritis or chronic lung conditions (asthma and COPD). Priority access given to clients with serious mental illness Fees according to income
	Diabetes Educator	Darebin Community Health Ph: 8470 1111	Provide information around diabetes lifestyle and treatment including effective use of diabetes medications including insulin; monitor blood glucose levels; prevent and treat high and low blood glucose levels; reduce the risk of diabetes complications.	Priority access given to clients with serious mental illness Fees according to income
	GP	Darebin Community Health Ph: 8470 1111 or Private GP	Referral for Diabetes Australia - Life! Diabetes Prevention. Diabetes Health Assessment (People 45-49 with a risk of developing Type 2 diabetes). Referral to private diabetes educator via Chronic Disease Management Plan.	http://www.diabeteslife.org.au/ Up to 5 sessions per calendar year. Medicare rebates apply
Pap Smear	GP	Darebin Community Health Ph: 8470 1111 or Private GP	Pap smears	Bulk billed
Mammogram	Breast Screen	Breast Screen Victoria 13 20 50	Breast Screen Vic will book in appointment at closest location.	No cost to clients over 40 who have never had cancer and have no current symptoms
	GP	Breast screening Program	Referral to Breast Screen Program.	Bulk billed
Prostate Check	GP	Private GP or Darebin CH GP	Prostate test.	Bulk billed

Sexual Health	GP	Private GP or Darebin CH GP	Sexual health consultations	Bulk billed
Medications	GP	Referral to accredited pharmacist	In collaboration with the GP, an accredited pharmacist, via the patient's preferred community pharmacy, comprehensively reviews the patient's medications during a home visit. The report from this visit is conveyed to the GP and where appropriate, a medication management plan is developed in agreement with the patient.	Request service under GP Item Number 900
Vision	Optometrist	Australian College of Optometry-Located at Darebin Community Health (clients living in Banyule, Nillumbik, Darebin & Whittlesea)	Comprehensive eye examination, including binocular vision, eye health and glasses prescription and the management of eye diseases.	Health Care Card or Pension Card Holders: consultations bulk billed with glasses provided at subsidised rate. Waiting lists apply.
Hearing	GP	Referral to audiologist	Referral to private audiologist via Chronic Disease Management Plan.	Up to 5 sessions per calendar year. Medicare rebates apply.
Oral Health	Dentist	Darebin Community Health Ph: 8470 1111	Full range of dental services.	Priority access for clients with serious mental illness. Fee waiver available.
	GP	Referral to private dentist	Referral to private dentist via Chronic Disease Management Plan.	Claim up to \$4250 in Medicare benefits for dental service over 2 calendar years.
Weight/Nutrition	Dietitian	Darebin Community Health Ph: 8470 1111	Development of personalised eating plans; provision of information on healthy eating, shopping for food, eating out and preparing food at home.	Priority access given to clients with serious mental illness. Fees according to income.
	GP	Private dietitian	Referral to private dietitian via Chronic Disease Management Plan.	Up to 5 sessions per calendar year. Medicare rebates apply.

Exercise and/or Balance	Physio	Darebin Community Health Ph: 8470 1111	Development and support with individual or group exercise plans; linkages to local exercise programs and assessment of balance and walking aids.	Priority access given to clients with serious mental illness. Fees according to income.
	GP	Private physio	Referral to private physio via Chronic Disease Management Plan.	Up to 5 sessions per calendar year. Medicare rebates apply.
Daily Tasks	Occupational Therapist	Darebin Community Health Ph: 8470 1111	Home based assessment & treatment. Provide assistance by showing self care, how to maintain or improve independence and safety through equipment, aids to daily living and home modifications.	Priority access given to clients with serious mental illness. Fees according to income.
	GP	Private OT	Referral to private OT via Chronic Disease Management Plan.	Up to 5 sessions per calendar year. Medicare rebates apply.
Smoking	QUITLINE	QUIT Ph: 13 78 48	Trained advisers provide advice over the phone around how to quit, cut down or manage smoking.	Quit packs can be sent out.
	Smoking Cessation Program	Neami Thornbury Ph: 9484 0333 Neami: Regent Ph: 8456 8691	Facilitate groups on smoking cessation and mental health.	Sessions are dependent on numbers Contact Neami sites for further details.
	Stop Smoking Clinic	Darebin Community Health Ph: 8470 1111	12 week 1:1 program that assists with the identification of smoking triggers and development of strategies to deal with things that get in the way of quitting.	Fees according to income.
Alcohol and Drugs	Counselling	Darebin Community Health Ph: 8470 1111	Assessment; information on methods & service options for withdrawal; controlled/drug use strategies; relapse prevention; harm minimisation; sleep &	An experienced drug and alcohol counsellor from Moreland Hall service is based at the East Reservoir site of Darebin Community Health.

		Moreland Hall Ph: 9386-2876	relaxation techniques. Provide services to clients with a dual diagnosis (co-occurring mental health and substance use disorder).	Free service.
Gambling	Counselling & Financial Counselling	Gamblers Help Northern Ph: 9450 2000	Provides problem gambling counselling and financial counselling to individuals, couples and families affected by their gambling or someone else's gambling.	Priority access given to clients with serious mental illness. Free service.
Finances	Financial Counselling	Darebin City Council Ph: 9481 9520	Budgeting, consumer affairs advice, advocacy and negotiation.	Free service.
Counselling Support	GP	ATAPS clinician Better Access clinician	Referral to private clinician via ATAPS (Division funded) or Better Access (Medicare funded) for psychological sessions.	Medicare rebates.
	General Counsellor	Darebin Community Health Ph: 8470 1111	Provide short-medium term counselling for: relationship; family conflict; grief & loss; parenting; family violence; depression; anxiety; stress.	Priority access given to clients with serious mental illness. Nil fee for client on pension/health care card and low-medium incomes
Family Violence	Family Violence Service	Berry Street Northern Family Violence Family Service Ph: 9450 4700	Provide support & assistance to women who are living in or have a left a violent r'ship; info about accommodation and referral to women's refuges, crisis housing and transitional properties; info on counselling options; assistance in gaining legal support.	Referral to After Hours Support through Women's Domestic Violence Crisis Service on 1800 015 188
Housing	Housing	Opening Doors Service Ph: 1800 825 955 or 9479 0700	Provide short term emergency accommodation for people in crisis; assessments for priority housing waiting lists; Assistance with public housing applications; offer advice about all general housing queries.	Free service