

# NDIS access checklist for consumers



[www.ndis.gov.au/ndis-access-checklist](http://www.ndis.gov.au/ndis-access-checklist)

The questions below will help you work out if you can access the NDIS.

They will also help prepare you for the initial discussion when you visit NDIS staff at Centrelink or call the NDIS to start the application process.

## 1. Do you have Australian residency?

To access the NDIS you must live in Australia and be: an Australian citizen OR a permanent resident OR hold a Protected Special Category Visa

## 2. Are you under the age of 65?

To access the NDIS you must be aged under 65 years.

## 3. Do you live in an area where the NDIS is available?

To access the NDIS right now, you must live in an area it is available.

## 4. Do you usually need support from a person or equipment to do everyday things for yourself because of an impairment or condition that is likely to be permanent?

To meet the NDIS disability rules you need to have an impairment or condition that is *likely* to be permanent (lifelong) and that stops you from doing everyday things by yourself.

The following questions may help you decide if your answer is 'yes'.

Do you usually need support from a person or assistive equipment so you can:

- understand and be understood by other people?
- make and keep friends and cope with feelings and emotions?
- understand, remember and learn new things?
- get out of bed and move around the home and outside the home?
- take a bath or shower, dress and eat?
- do daily jobs, handle money and make decisions?

NDIS will communicate with you via phone or mail.

This doesn't suit everyone, and you can nominate someone (family member, carer, friend, clinician) who NDIS can also contact if that is helpful.

You might like to make sure you've got their contact details (address, phone number etc.) written down as a reminder.